

Laura Bradford

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Standing for Disabilities and Mental Health Officer

Proposing: Connor Bethell

Seconding: Leela Guha

Hi, I'm Laura, and I'm running for disability and mental health officer because I want to advocate and make life easier for students like me, who are disabled and/or have mental health problems.

Being autistic and having both a mental health disorder and a neurological disorder has given me lots of experience with disability and mental health. However, disability and mental health encompasses a huge range of experiences, so as disability and mental health officer, I would listen to other disabled students and other students with mental health problems, so I can advocate effectively for everyone.

I want to be a direct line of contact, so students who have problems can come to me and I can advocate for them.

My proposals:

- Disability and Mental Health meet-ups – so we can talk to students that get it, whether for advice or just to chat
- Spread awareness of disability and mental health related topics in college, particularly:
 - Practical things, like sunflower lanyards and medical ID
 - The reality of neurodiversity, mental health conditions and disability
 - How to make things accessible
- Make the accommodation out of ballot process longer, so students have time to get medical evidence